

Contact

Frances: 07850 189069

David Cowley Manager 07554586875

Drop-Out Schedule—August 2020**CREATIVE OPTIONS**

Community Project

Registered charity no. 1169194

| Monday 10th | Tuesday 11th | Wednesday 12th | Thursday 13th | Friday 14th | Saturday 15th |
|---|--|---|--|--|----------------------|
| Photo meet up to take photographs 11.30 outside meet Kuties near mayflower park * check with Gerard re weather | Fitness 11.30 a.m. zoom.us/j/89498029378 Password Cocp3fc | Pub lunch at the Duke of Wellington Bugle street 1 p.m. Eat out help out scheme—50% off menu Avg cost £6.00 | 11 a.m. Art on zoom with alvaro 8956579082 password co-cocp9ac | Men's breakfast at the Giddy Bridge London Road 11.30 a.m. | |
| 07563985576 | Sports with Julie—see Julie re. arrangements Julie 07785 519609 | Please browse menu and give some idea of choices a day or so beforehand to Frances | | | |
| 4.30 p.m. 'time to thrive' on zoom 965 3577034 Password cocp4isc | 4.30 p.m. 'time to thrive' on zoom 965 3577034 Password cocp4isc | Maximum of 10 persons | 2 p.m. art at aldermoor farm—sketching wildlife and painting with Alvaro No. 17 bus | | |