

Contact

Frances: 07850 189069

David Cowley Manager 07554586875

Drop-Out Schedule—August 2020**CREATIVE OPTIONS**

Community Project

Registered charity no. 1169194

Monday 3rd	Tuesday 4th	Wednesday 5th	Thursday 6th	Friday 7th	Saturday 8th
Photo chat on zoom.us/j/873724036 Password Cocp1pc 11 a.m.	Fitness 11.30 a.m. zoom.us/ j/89498029378 Password Cocp3fc	Day trip to Compton Acres/Poole £25 per person £10 deposit secures a place. Maximum on coach 16	11 a.m. Art on zoom with alvaro 8956579082 password cocp9ac		
2 p.m. singing on zoom with Frances and Ron Code 426169712 Password cocp2sc	1 p.m. wire sculpture last one of the current course Aldermoor farm with Emma. £16.00 must be paid	Meet at Sainsbury's in Shirley 10 a.m. Bring lunch or money to purchase drink and food Dogs allowed on leads		2 p.m. art in the town – Townscape—bargate Meet near bargate Chairs/tables provided	
4.30 p.m. 'time to thrive' on zoom 965 3577034 Password cocp4isc	4.30 p.m. 'time to thrive' on zoom 965 3577034 Password cocp4isc	Booking with Frances or David essential please As numbers are limited please commit and let us know if you are unable to attend.		Bring art bags	